

## Keeping you up-to-date with

# Health & Safety

## Welcome

Welcome to the first edition of the health and safety newsletter for 2024.

We're currently rolling out a new initiative, Safety Conversations. By July, our teams will have tools to engage in conversations calling out dangerous behaviour and rewarding positive safety behaviours.

We're now encouraging our board, ELT, governance group, direct reports of Site Managers, and other key people to engage in safety conversations as they visit sites, so you may see some of these conversations happening around your site. I'd like to thank Geoff Proctor and Brendan Poole for helping with the development of this initiative.

We've also just finished up our first health and safety focus of the year, that was all around getting back into work after the Christmas holidays. We had some fantastic submissions for the stretching competition, and it was a tough call to choose the winning team, so we decided to combine our favourite six stretches into a new routine.

Congratulations to the Canterbury Lamb Further Processing (LFP) and Lamb Yards teams, Waitara Administration and Cold Stores, Eltham's Blue Shift Offal team, and offshore workers from Rangitikei for sending in the winning stretches.

As we head into winter, our sites offer free flu vaccinations. I encourage you to take up this offer.

**Rachael Morris**  
Group Health and Safety Manager



## Recover at Work

Troy Paranihi from ANZCO Foods Marlborough was working in the boning room on the trimming tables when he accidentally cut into his arm. In a split second, he cut his ulnar nerve and artery, and nicked a tendon. His on-site first aiders immediately wrapped and held pressure on the wound and took him to hospital in Blenheim. He needed two surgeries at two different hospitals to repair these injuries.

He was released from hospital with a cast from his shoulder to his fingertips and needed three months off work to recover. He had to learn how to do daily tasks with only one arm and couldn't participate in his usual daily activities or play sport. Because he lost feeling in the area around the injury, rehabilitating his arm was a slow and steady process to make sure he didn't cause any further damage. Troy's initial concern was that he wouldn't regain use of his arm, however he's recovering well and expects to have full feeling back in his arm later this year.

Troy says that the injury and time off impacted his mental health, as he couldn't connect with his friends daily like he usually does. But he says he's felt well-supported by his family, friends, and ANZCO throughout his return-to-work process. Anna McRae, Health and Safety Advisor, put a recovery plan in place, helped book his flights and taxis when he needed to go to hospital for check-ups, and offered extra people to help if he needed it. Anna also put him in touch with Vitae, ANZCO's employee assistance provider, for some counselling sessions. His friends also checked in with him frequently, and Troy said his relationship with his mates has become stronger since his injury. He was happy to know there was a plan in place for his recovery, and he was keen to get back into it.

Troy has been back at work for a few weeks, helping the team at The Local Butcher, and he says he's enjoying being back. His biggest challenge is making sure he completes his tasks safely, as having no feeling in part of his arm poses some risks – he recently shut his pinky finger in the door as he couldn't feel it! His goal is to get back into the boning room while they're still on peak season, but says he'll take the time to make sure his injury has recovered well.



**Recover  
AT WORK**

# Meet our health and safety team

## Elvis Kelsall

Elvis has worked in the lambyard at ANZCO Foods Canterbury for two years, and has had health and safety as part of his role for almost the whole time he's been there. He enjoys his role as a health and safety rep as he likes to learn new things and gain more experience in a variety of different areas. Elvis is from Samoa and his first job was at a butchery.



## Katie Boon

Katie has worked at ANZCO Foods Rakaia for nine years and has had health and safety as part of her role for eight years. She started out as an offal worker and is now a grader and union delegate. She enjoys health and safety because she loves knowing that she's helping make sure everyone goes home safely to their family.



# Meet the new health and safety team members



**Shaun Cooper** is the newest member of the health and safety team, joining ANZCO Foods Canterbury as a Health & Safety Advisor. He's worked in lamb processing at ANZCO Foods Canterbury for 21 years and is excited to apply his knowledge and skills to his new role. When he's not at work he can be found coaching women's rugby (Celtic Sea Snakes) and playing softball for the Hampstead Heat team.



**Julia Johnston** is a health and safety contractor working with the Group Health and Safety team at Corporate Office. She's helping to streamline our health and safety procedures in preparation for the upcoming ISO45001 audits. She's been involved in health and safety for 13 years across various industries including civil construction, manufacturing, agriculture, and food manufacturing. Outside of work she enjoys spending time with her family, keeping active in weekends and travelling whenever they can.



**Lawrence Thorpe** is ANZCO Foods Eltham's new Health and Safety Advisor. He's been at ANZCO for three months, and before that, he worked on an 850-cow dairy farm. He's from South Africa, where he worked as an investigator with the police. Naturally, he's a rugby fan and spends his weekends watching the Chiefs play. When he's not watching rugby, he enjoys gardening, going for walks, and spending time with his family.

# Health and safety focuses

Our first health and safety focus of the year was about getting match fit – returning to work after the holidays and familiarising ourselves with our processes and equipment again. As part of this we ran a competition to create a stretch routine – we had so many fantastic entries that we've chosen our favourite stretches and combined them into a new stretch routine. Keep an eye out for these posters featuring people from around the business coming out to your sites soon.

Our current focus is about taking care of ourselves and others, and checking in with our wellbeing. Keep an eye out for quizzes and information around your site to help you do this, and remember to send in your recipes for our healthy recipe competition to [HealthandSafetyAdmin@anzcofoods.com](mailto:HealthandSafetyAdmin@anzcofoods.com).

# Shout out to...

**John Corcoran, Hein Strydom, Jacques Vosloo, and Iain Steven** who helped develop our Management of Change, Job Safety Analysis, and Permit to Work processes.

**Matthew Clarke** and **Karen Jane**, the first two recipients of the Health and Safety Positive Behaviour award at ANZCO Foods Green Island.

**Jeremy Puturanui** and **Nathan Ashworth** have contributed to and communicated the safety culture at the Coldstores at ANZCO Foods Canterbury.

**Luke Leach** at ANZCO Foods Marlborough for showing exceptional knife sharpening training skills. His work has reduced strains and sprains on the site.

If you have any positive health and safety stories, we'd love to hear them. Please send them through to [Rachael.Morris@anzcofoods.com](mailto:Rachael.Morris@anzcofoods.com)

# Any questions or feedback?

If you've got any questions or feedback on anything in this newsletter please contact the health and safety team at: [HealthandSafetyAdmin@anzcofoods.com](mailto:HealthandSafetyAdmin@anzcofoods.com)

