

## Keeping you up-to-date with

# Health & Safety

## Welcome

The past few months have been busy for me.

In June we welcomed Adrian Brown to the team as our new Senior Health and Safety Advisor.

He's been a great addition to the team, and I'm sure he'll be visiting sites to meet you and learn more about the business in due course.

In July we held a health and safety conference for our supervisors from Operations and Bioscience, following feedback at last year's conference with our health and safety reps. To cater for all of our supervisors we held two sessions, which members of the Health and Safety Governance Group also attended. Our guest speakers were our Site Managers from Canterbury and Rangitikei Geoff and Brendan, who rolled out our Safety Conversations programme with some powerful stories about how injuries have impacted people that they have worked with. Francois Barton, Executive Director of the Business Leaders' Health and Safety Forum also joined us to talk about the importance of health and safety engagement and how, sadly, New Zealand still has a long way to go to improve our health and safety performance. Our Livestock team also met recently and it was great to get some time to talk about our safety conversations programme with them as well.

In July and August our health and safety focus was 'What's the Plan, Stan?', and it was great to see so many people get involved and fill out their emergency plans as part of the competition. Our current focus is around keeping our house in order; more on this later in the newsletter.

The preliminary results of our ISO45001 audit - a new requirement of our ACC partnership programme - are very positive. Thanks to everyone at Green Island, Kōkiri, Canterbury, Ashcold, Rakaia, Five Star Beef, as well as the Livestock division for the hard work they've put in!

Finally, spring brings warmer - but also changeable - weather, and many of us look to fire up the BBQs or break out the outdoor gear. Check out our tips in this newsletter to keep safe this spring.

**Rachael Morris**

Group Health and Safety Manager



## Meet Adrian Brown

Adrian started with ANZCO in June 2024 as Senior Health and Safety Advisor.

Adrian is based out of the Corporate Office in Christchurch, and he'll be supporting our farms, Five Star Beef, Livestock, and the ANZCO Foods group health and safety programme. Before coming to ANZCO Foods, Adrian was the New Zealand Health and Safety Manager for Lineage Logistics who operate coldstores - which ANZCO Foods use often!

Adrian's biggest passion is hang-gliding, so you can often find him flying around Taylors Mistake in Christchurch.

## Shout out to...

**Harley Davison**, health and safety rep at ANZCO Foods Kōkiri, has been taking steps to ensure everyone has access to the latest toolbox talk notes. He laminates a copy for the ante room so employees can read it at any time and records himself reading the notes to play over his transmitter at 10am. He's also looking into getting these translated into Vietnamese for their offshore workers.

**Jenny Latayada** at ANZCO Foods Eltham initiated a safety conversation with a supervisor who was able to retrain a worker, after she noticed the worker engaging in unsafe behaviour.

If you have any positive health and safety stories, we'd love to hear them. Please send them through to

**[HealthandSafetyAdmin@anzcofoods.com](mailto:HealthandSafetyAdmin@anzcofoods.com)**

## Spring safety

The weather is warming up as we move into spring, and you might find yourself heading outdoors for sports or time with family and friends. We've put together a list of top tips to help you spring forward safely as the weather heats up!

- With longer days and increased UV radiation, remember to slip on a t-shirt, slop on some sunscreen, slap on a hat, and wrap some sunglasses onto your face to avoid sunburn. Reapply sunscreen every two hours.
- As temperatures rise, drink plenty of water – the Heart Research Institute NZ recommends 2.1–2.6 litres for adults, and 1 to 1.6 litres for children every day.
- Pollen and other allergens increase in spring, so if you have allergies, manage your symptoms with appropriate medication and limit your time outside – you can check the pollen forecast on Metservice by searching for your town.  
<https://www.metservice.com/towns-cities/>
- Check outdoor electrical equipment for damage, that barbeque equipment is clean and in good condition, and you follow the manufacturer's instructions for outdoor equipment.
- If you're getting back into sports after winter, gradually increase your level of activity and be mindful of your physical limits to avoid injury. Use the right clothing and gear and replace any gear that's been worn down.
- Make sure sports equipment is in good working condition.
- In the garden, wear gloves, use the correct tools, and store fertiliser or pesticides out of reach of children and pets.
- Be cautious of wildlife, especially if they're nesting. Keep a safe distance away to avoid disturbing them – aim for 20 metres, or about two bus lengths.
- Spring weather can still be unpredictable. If you're driving longer distances, keep an eye on local weather forecasts, check Waka Kotahi's journey planner, and watch out for extreme weather warnings. Make sure your emergency kits in your car, at home, and at work are up-to-date and ready for any sudden weather changes.

## Health and safety conferences

Health and safety conferences for supervisors from Operations and Bioscience were held in July. This year, supervisors were invited to the conference to gain valuable information and understand their importance as part of ANZCO's health and safety journey.

Topics covered safety conversations, health and safety leadership, injury management, and much more. We also asked for feedback, and committed to initiatives that we'll ensure take place in the months to come for this very important part of our business.

Thanks to those who attended – it was great catching up with everyone. We appreciate everything ANZCO people do to make the company a safe place to work.



## Safety Conversations

The roll out of our health and safety conversations continued at the recent conference for Livestock reps. Safety conversations provide us with a non-judgemental way we can point out when people are doing the wrong, and right, thing. The livestock session had a slightly different focus because reps' main interactions are with farmers not colleagues. Next up will be a safety conversations session with our People Leaders in October.

## Health and safety focus

The health and safety focus for September and October is on keeping our house in order; making sure our workspaces stay tidy and we practice good housekeeping. Keep an eye on TV screens, the internal Facebook group, the ANZCO Crew app, and posters around your site for tips on good racking and shelving practices, and keeping work areas clean and tidy.

## Any questions or feedback?

If you've got any questions or feedback on anything in this newsletter please contact the health and safety team at:

**HealthandSafetyAdmin@anzcofoods.com**

